



VITALITY GOURMET GRANOLA

Toasted granola with golden Quebec honey with cranberries, caramelized apples, roasted almonds and calendula petals

Ingredients:

Rolled oats[°], spelt flour[°], honey[°], sugar* (cane sugar), oat bran[°], sunflower oil, rolled rye[°] and barley[°], dried cranberries[°], almonds pieces, shredded coconut*, tamari* (water, soybeans*, salt, wheat*, alcohol*), sesame* and flax* seeds, dried diced apples, cinnamon powder, calendula petals*.

*Organic ingredients (73% of final product)

°Local ingredients

Allergies:

This product contains nuts, wheat and sesame.

Storage and product conservation:

It is preferable to store the product in a cool place (between 5 and 15°C).

Expiry Date

Each bag is identified with the expiry date (DD-MM-YY).

Certified by *Ecocert Canada*



Valeur nutritive Nutrition Facts

pour 1/2 tasse (50 g)
Per 1/2 tasse (50 g)

Teneur Amount	% valeur quotidienne % Daily Value
Calories / Calories 210	
Lipides / Fat 7 g	11%
Saturés / Saturated 1.5 g + trans / Trans 0 g	8%
Cholestérol / Cholesterol 0 mg	0%
Sodium / Sodium 85 mg	4%
Glucides / Carbohydrate 31 g	10%
Fibres / Fibre 4 g	16%
Sucres / Sugars 9 g	
Protéines / Protein 6 g	
Vitamine A / Vitamin A	0%
Vitamine C / Vitamin C	0%
Calcium / Calcium	2%
Fer / Iron	10%