



# APHRODISIAC GOURMET GRANOLA

Granola roasted with golden Quebec honey with dark chocolate, roasted almonds, currants and siberian ginseng

## Ingredients:

Rollled oats\*<sup>o</sup>, spelt flour\*<sup>o</sup>, honey<sup>o</sup>, sugar\*<sup>o</sup> (cane sugar), oat bran\*<sup>o</sup>, dark chocolate chunks\*<sup>1</sup> (cocoa liquor, sugar, cocoa butter, crushed vanilla, 71% cocoa), sunflower oil, rolled rye\*<sup>o</sup> and barley\*<sup>o</sup>, currants, shredded coconut\*, almonds pieces, tamarini\* (water, soybeans\*, salt, wheat\*, alcohol\*), sesame\* and flax\* seeds, cocoa powder\*<sup>1</sup>, siberian ginseng\*.

\*Organic ingredients (79% of final product)

<sup>o</sup>Local ingredients

<sup>1</sup>Fair trade ingredients

## Allergies:

This product contains nuts, wheat and sesame.

## Storage and product conservation:

It is preferable to store the product in a cool place (between 5 and 15°C).

## Expiry date:

Each bag is identified with the expiry date (DD-MM-YY).

Certified by *Ecocert Canada*



## Valeur nutritive Nutrition Facts

par 1/2 tasse (50 g)  
Per 1/2 cup (50 g)

Teneur Amount	% valeur quotidienne % Daily Value
<b>Calories / Calories</b> 200	
<b>Lipides / Fat</b> 7 g	11%
Saturés / Saturated 1.5 g + trans / Trans 0 g	8%
<b>Cholestérol / Cholesterol</b> 0 mg	0%
<b>Sodium / Sodium</b> 85 mg	4%
<b>Glucides / Carbohydrate</b> 29 g	10%
<b>Fibres / Fibre</b> 4 g	16%
<b>Sucres / Sugars</b> 9 g	
<b>Protéines / Protein</b> 5 g	
<b>Vitamine A / Vitamin A</b>	0%
<b>Vitamine C / Vitamin C</b>	0%
<b>Calcium / Calcium</b>	2%
<b>Fer / Iron</b>	10%